## Instructions for making Prayer Shawls:

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- Adult Prayer Shawls should be about 30-32" wide by about 60" long
  - They can be knit or crochet any pattern.
  - Yarn should be bulky or medium weight
- Example patterns if ideas are needed:
  - Crochet pattern
    - chain the number of stitches needed to get to 30-32"
    - 1st Row: Work in every other chain.
      - Double crochet in 4th chain from hook, chain one
      - Skip a chain
      - Continue to work the pattern of double crochet and chain one until the end of the row
      - Chain 3 (turning chain)
    - 2nd Row: Double crochet in top of 2nd double crochet of row 1, chain one
      - Continue to work the pattern until the end of the row, double crochet in the turning chain
      - Chain 3 (turning chain)
    - 3rd 9th Rows: Repeat 2nd Row
    - 10th Row: Double crochet in top of 2nd double crochet, double crochet in chain one space
      - Continue to work the pattern until the end of the row, double crochet in the turning chain
    - 11th 12th Rows: Repeat 4th Row
    - 13th Row: Work in every other Double crochet.
      - Double crochet in top of 2nd double crochet, chain one
      - Skip a double crochet
      - Double crochet in top of next double crochet, chain one
      - Continue to work the pattern until the end of the row

- Chain 3 (turning chain)
- 14th Row+: Continue 13th row, until you get enough length that after you repeat rows 10-12 than rows 1-9 the shawl will be about 60" long
- Finish with border or fringe
- Knit pattern
  - Materials and Supplies- Knitting needle size 11 or 13
  - 555 yards of bulky yarn
  - Cast on either 54, 57 or 60 stitches in combinations of three. Whatever gets to approximately 30-32".
  - 1st Row: Knit 3, purl 3 pattern to the end of the row
  - 2nd Row: Purl 3, knit 3 to the end of the row.
    - You should always start the row after with the opposite stick of the previously ended one.
    - Be sure you knit the purls and to purl the knits
    - It should not look like ribbing whatsoever
  - 3rd Row + continue adding rows until about 60" long